

HIBBARD TROPHY

Date: Sunday 23rd August 2009

EVENT		1	2	3	4	5	6	B	C	E	H	N	S	WASTE	TOTAL
400m Hurdles	A	A Cooper Beds 54.61	C Roberts Cambs 56.27	D Martin Norfolk 57.02	M Shortall Essex 58.32	A Wing Herts 58.59		12	10	6	5	8	0	4	45
	B	S Reidy Cambs 58.74	C Marshall Norfolk 59.73	C Stubbings Essex 59.75				0	8	4	0	6	0	6	24
Hammer	A	S Brown Essex 67.25	S Coe Norfolk 59.26	J Bloomfield Suffolk 53.50	A Lee Cambs 42.17	J Constantiou Herts 26.23		0	6	12	5	10	8	4	45
	B	J Earle Essex 43.52	G Parsons Cambs 33.85	R Simmonds Norfolk 27.81	Saunders-Mullin Herts 25.03	C Bradshaw Suffolk 6.80		0	6	8	3	4	2	1	24
Long Jump	A	K Greenidge-Smit Herts 6.69	F Baker Norfolk 6.61	M Jarvis Essex 6.40	C Andrew Beds 6.34	S Richards Cambs 6.20	C Bradshaw Suffolk 5.95	6	5	8	12	10	4	0	45
	B	Greenidge-Smit Herts 6.45	D George Essex 6.29	G Hunt Norfolk 5.90	R Graham Suffolk 5.37	P Hayball Cambs 5.07		0	2	6	8	4	3	1	24
800m	A	R Ward Norfolk 1.53.40	N Wake Herts 1.54.75	A Constable Suffolk 1.59.59	L McNabola Beds 1.59.94	J Reed Cambs 2.00.76	C James Essex 2.01.39	6	5	4	10	12	8	0	45
	B	J Senior Norfolk 1.56.66	J Moss Herts 1.58.36	T Tica Suffolk 1.58.73	A Sutter Cambs 1.58.79			0	3	0	6	8	4	3	24
W/S +1.7 100m	A	T Tomu Herts 11.00	B Gibbs Essex 11.06	C Morter Cambs 11.12	D Traynor Suffolk 11.20	M Fraser Norfolk 11.29	K Andrew Beds 11.38	4	8	10	12	5	6	0	45
	B	R Kakoza Essex 10.95	A Daish Herts 11.09	B Higgins Suffolk 11.28	T Pegg Norfolk 11.48	S Turnock Cambs 11.63		0	2	8	6	3	4	1	24
High Jump	A	C Baker Norfolk 1.95	J Hamilton Herts 1.95	R Armurgie Essex 1.95	Z Morrison Beds 1.80	C Bradshaw Suffolk 1.75		6	0	8	11	11	5	4	45
	B	L Ely Norfolk 1.90	D George Essex 1.90					0	0	6	0	8	0	10	24
W/S +0.5 110m Hurdles	A	E Okookirir Essex 14.88	C Baker Norfolk 15.59	S Reidy Cambs 15.69	S Barnard Herts 15.80	L Allan Suffolk 16.61		0	8	12	6	10	5	4	45
	B	M Shortall Essex 16.2	M Dalton Cambs 16.8	D Martin Norfolk 17.0	C Steptowe Herts 17.1			0	6	8	3	4	0	3	24
400m	A	B Higgins Suffolk 48.96	E Aston Cambs 49.25	M Hamilton Herts 49.99	D Lo Essex 50.58	J Senior Norfolk 51.56	A Cooper Beds 54.21	4	10	6	8	5	12	0	45
	B	T Carey Cambs 50.64	G Paxman Essex 51.49	C Webb Herts 51.69	G Hunt Norfolk 53.54	T Harris Beds 53.81	S Foster Suffolk 54.80	2	8	6	4	3	1	0	24
Discus	A	A Ralph Herts 44.80	C Linque Essex 43.50	J Blumefield Suffolk 39.34	P Hayball Cambs 37.04	S Coe Norfolk 34.36		0	6	10	12	5	8	4	45
	B	D Douglas Essex 41.99	J Painter Norfolk 34.33	G Parsons Cambs 33.92	L Allen Suffolk 29.00	J Constantinou Herts 26.30		0	4	8	2	6	3	1	24

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Date: Sunday 23rd August 2009

EVENT		1	2	3	4	5	6	B	C	E	H	N	S	WASTE	TOTAL
1500m		R Ward Norfolk 4.06.56	M Reid Cams 4.06.69	A Rook Suffolk 4.10.35	H Abdi Essex 4.10.84	A Bellew Beds 4.12.77	M Carlisle Herts 4.23.37	5	10	6	4	12	8	0	45
		E Palmer Suffolk 4.11.60	W Mycroft Cams 4.19.88	J Moss Herts 4.26.34				0	6	0	4	0	8	6	24
	A	R Kakoza Essex 21.96	T Tomu Herts 22.07	C Morter Cams 22.64	M Fraser Norfolk 23.00	D Tobias Beds 23.07	D Green Suffolk 23.77	5	8	12	10	6	4	0	45
W/S +0.9 200m	B	A Daish Herts 22.53	D Leadbitter Cams 23.06	T Pegg Norfolk 23.30	B Gibbs Essex 23.49		0	6	3	8	4	0	3	24	
W/S +1.8	A	R McDonald Suffolk 13.55	J Ramie Essex 13.35	D Beeby Norfolk 12.10	S Richards Cams 10.97		0	6	10	0	8	12	9	45	
Triple Jump	B	J Bernard Suffolk 13.17	D George Essex 13.08	G Hunt Norfolk 11.89			0	0	6	0	4	8	6	24	
	A	M Tarpey Herts 15.46.59	R Pawlack Cams 16.03.84	R Prout Essex 16.28.45			0	10	8	12	0	0	15	45	
5000m	B	M Carlisle Herts 16.20.17	G Webb Essex 16.29.34	C Wright Cams dnf			0	0	6	8	0	0	10	24	
	4x100m Relay	Herts 43.9	Suffolk 44.4	Cams dnf	Beds dnf	Norfolk dq		0	0	0	12	0	10	23	45
4x400m Relay	Cams 3.23.88	Essex 3.25.86	Norfolk 3.27.79	Herts dq			0	12	10	0	8	0	15	45	
3000m S/Chase	A	A Harrold Norfolk 9.51.49	H Habdi Essex 10.15.59	M Reid Cams 10.29.91	G Ramsay Herts 10.34.28		0	8	10	6	12	0	9	45	
	B	L Pickering Essex 10.48.07	J Lunn Cams 10.49.96	M Carlisle Herts 11.11.42			0	6	8	4	0	0	6	24	
Pole Vault	A	M Devereux Beds 4.60	K Hughes Essex 4.50	M Williams Herts 3.60	P Lewis Cams 3.60	F Baker Norfolk 3.40	C Bradshaw Suffolk 3.00	12	6	10	8	5	4	0	45
	B	R Simmons Norfolk 3.20						0	0	0	0	8	0	16	24
Javelin	A	N McLellan Herts 68.23	S Harrison Essex 50.50	R Simmons Norfolk 49.95	P Hayball Cams 45.03	J Bernard Suffolk 44.86		0	6	10	12	8	5	4	45
	B	H Newham Norfolk 47.76	M Holden Essex 47.21	L Allan Suffolk 44.01	J Constantinou Herts 43.50	C Morter Cams 26.68		0	2	6	3	8	4	1	24
Shot	A	D Doggles Essex 14.70	N McLellin Herts 12.89	J Bloomfeild Suffolk 12.84	P Hayball Cams 12.33	S Coe Norfolk 11.34		0	6	12	10	5	8	4	45
	B	C Linque Essex 13.03	J Painter Norfolk 10.89	L Allan Suffolk 10.29	Saunders-Mullins Herts 8.32			0	0	8	3	6	4	3	24
TOTAL SCORES								62	189	255	217	216	148	176	1263

BEMAX TROPHY

Date: Sunday 23rd August 2009

EVENT		1	2	3	4	5	6	B	C	E	H	N	S	WASTE	TOTAL
400m Hurdles	A	L Bass Cambs 66.62	H Pattebelit Essex 67.24	L Jones Herts 67.52	J Milligan Norfolk 73.37	A Alstrachan (40) Suffolk 74.47		0	12	10	8	6	5	4	45
	B	E Stevens Herts 75.49						0	0	0	8	0	0	16	24
Hammer	A	S Smith Essex 51.14	J Cannell Norfolk 42.26	L Edwards Cambs 38.83	S Wise Beds 37.96	E Miller Herts 37.44	S Milner Suffolk 33.36	6	8	12	5	10	4	0	45
	B	M Harrison Essex 39.01	K Winwood Beds 37.30	H Sayer Cambs 36.10	L Scanes Herts 34.44	M Thomas Norfolk 33.75		6	4	8	3	2	0	1	24
800m	A	S Boast Cambs 2.13.19	N Silver Herts 2.15.58	G Keasey Essex 2.15.70	S Jacks Norfolk 2.16.63	R Keen Beds 2.24.69	K Thorndyke Suffolk 2.36.04	5	12	8	10	6	4	0	45
	B	I Lake Norfolk 2.16.15	A Kelly Herts 2.19.15	N Dabhi Essex 2.28.50	L Thorndyke Suffolk 2.53.92			0	0	4	6	8	3	3	24
Long Jump	A	E Hughes Beds 5.64	A Kiddle Essex 5.41	K Sealy Suffolk 4.98	S McGiven Cambs 4.96	N Farman Herts 4.76	I Bernard Norfolk 4.66	12	6	10	5	4	8	0	45
	B	S Francis Beds 5.05	E Rogers Suffolk 4.94	Z Young Essex 4.58	C Filer Norfolk 4.44	S Read Herts 4.44		8	0	4	2	3	6	1	24
Pole Vault	A	S Robinson Beds 3.31	F Herbert Essex 2.80	G Lake Norfolk 2.50	N Andrews Herts 2.30	J Reason Suffolk 2.10		12	0	10	6	8	5	4	45
	B	J Harding Beds 3.20	E Jennings Suffolk 1.10					8	0	0	0	0	6	10	24
W/S +0.1 100m	A	M Webster Beds 12.29	L Wake Herts 12.40	H Nicholas Essex 12.66	S Emmanuel Cambs 12.82	K Barber Suffolk 13.11		12	6	8	10	0	5	4	45
	B	L James Beds 12.83	G Clements Cambs 13.02	L Jones Herts 13.17	E Rogers Suffolk 13.19	Z Young Essex 13.29		8	6	2	4	0	3	1	24
W/S -0.2 100m Hurdles	A	G Clements Cambs 14.66	C VanVulveren Essex 15.26	E Stevens Herts 15.82	K Sealy Suffolk 18.37	J MilliGan Norfolk 18.48		0	12	10	8	5	6	4	45
	B	L Bass Cambs 16.21	H Pattie Beelt Essex 16.66	N harman Herts 17.04	A Astrachan (40) Suffolk 19.81			0	8	6	4	0	3	3	24
W/S +0.8 3000m	A	D Nimmock Norfolk 9.57.12	R Newstead Herts 10.05.77	E Warnock Beds 10.35.27	V Smith Essex 10.57.87	J Clary Suffolk 11.26.07		8	0	6	10	12	5	4	45
	B	N Taylor Herts 11.08.62	E Felton Beds 11.15.82	L McGregor Essex 11.21.08				6	0	4	8	0	0	6	24

BEMAX TROPHY

Date: Sunday 23rd August 2009

EVENT		1	2	3	4	5	6	B	C	E	H	N	S	WASTE	TOTAL
400m	A	J Malster	L Dowsett	N Hill	D Willis	H Cooper		0	10	8	6	5	12	4	45
		Suffolk 56.46	Cambs 56.59	Essex 57.81	Herts 61.32	Norfolk 62.61									
	B	N Silva	S Fuhr	K Dixon	M Brown	S McGiven		0	2	6	8	3	4	1	24
		Herts 59.31	Essex 60.99	Suffolk 61.26	Norfolk 61.30	Cambs 63.02									
High Jump	A	H Frith	G Clements	C Van wulven	L harrison	N Farman	C Smith	12	10	8	5	4	6	0	45
		Beds 1.73	Cambs 1.65	Essex 1.60	Suffolk 1.60	Herts 1.55	Norfolk 1.55								
	B	K Sealey	H Nicholas	Z Kier	S Robinson	H Slater	A Reece	2.5	2.5	6	2.5	2.5	8	0	24
		Suffolk 1.60	Essex 1.55	Cambs 1.50	Beds 1.50	Norfolk 1.50	Herts 1.50								
Triple Jump	A	J Morgan	S McGiven	S Francis	S Reed	S Bernard	E Jennings	8	10	12	6	5	4	0	45
		Essex 11.70	Cambs 10.75	Beds 10.61	Herts 9.70	Norfolk 9.22	Suffolk 9.11								
	B	L Sammout	K Doody	L Bond	B Scanes	H Slater	J Reason	6	8	4	3	2	1	0	24
		Cambs 10.28	Beds 10.10	Essex 9.74	Herts 9.34	Norfolk 8.86	Suffolk 8.76								
Discus	A	M Harrison	S Milner	L Capicoho	S Wise	M Thomas	L Sammout	6	4	12	8	5	10	0	45
		Essex 41.64	Suffolk 36.96	Herts 31.25	Beds 30.06	Norfolk 29.22	Cambs 27.88								
	B	J Duncan	B Knapp	R Bennett	J Cannell	H Sayer	A Alstrachan(40)	4	2	8	6	3	1	0	24
		Essex 38.77	Herts 29.31	Beds 29.15	Norfolk 27.68	Cambs 20.42	Suffolk 16.98								
1500m	A	S Boast	N Peters	C Davies	C Pring	S Carroll	K Thorndyke	10	12	5	8	6	4	0	45
		Cambs 4.46.29	Beds 4.46.87	Herts 4.53.32	Norfolk 4.58.59	Essex 5.24.00	Suffolk 5.46.91								
	B	C Bassil	J Broster	E Wellbourne	N Andrews			8	0	0	3	6	4	3	24
		Beds 4.55.47	Norfolk 5.08.91	Suffolk 5.53.68	Herts 6.06.61										
W/S +2.7 200m	A	L James	L Wake	I Asztalos	A Kiddle	E Rogers	M Brown	12	8	6	10	4	5	0	45
		Beds 24.90	Herts 24.92	Cambs 25.76	Essex 25.82	Suffolk 26.39	Norfolk 27.54								
W/S 0.0	B	M Webster	H Nicholas	S Emmanuel	E Stevens	K Barber	C Bell	8	4	6	3	1	2	0	24
		Beds 25.74	Essex 26.31	Cambs 26.44	Herts 27.07	Suffolk 27.35	Norfolk 27.93								
4x100m Relay		Cambs	Suffolk	Essex	Herts	Beds		5	12	8	6	0	10	4	45
		50.3	50.88	51.3	51.75	52.59									
4x400m Relay		Cambs	Herts	Essex	Norfolk	Suffolk		0	12	8	10	6	5	4	45
		3.57.91	3.58.35	4.05.53	4.12.58	4.20.15									
Shot	A	J Duncan	R bennett	L Jones	K Sealey	S Burt	H Sayer	10	4	12	8	5	6	0	45
		Essex 14.59	Beds 10.18	Herts 9.46	Suffolk 9.19	Norfolk 8.53	Cambs 8.45								
	B	M Harrison	S Wise	B Knapp	M Thomas	E Edwards	A Alstrachan(40)	6	2	8	4	3	1	0	24
		Essex 11.78	Beds 8.01	Herts 7.91	Norfolk 7.25	Cambs 7.20	Suffolk 7.03								
Javelin	A	E Christmas	G Clements	S Burt	L Jones	K Sealey	R Bennett	4	10	12	6	8	5	0	45
		Essex 43.82	Cambs 42.88	Norfolk 39.65	Herts 38.15	Suffolk 28.39	Beds 25.52								
	B	E Smith	F Le Serve	N Farman	L Sammout	S Wise	A Alstrachen (40)	2	3	8	4	6	1	0	24
		Essex 42.49	Norfolk 34.24	Herts 31.44	Cambs 31.07	Beds 19.83	Suffolk 15.43								
TOTAL SCORES								194.5	189.5	239	203.5	138.5	152	77	1194

BEMAX TROPHY

Date: Sunday 23rd August 2009

EVENT		1	2	3	4	5	6	B	C	E	H	N	S	WASTE	TOTAL
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PETERHOUSE TROPHY

Date: Sunday 23rd August 2009

EVENT		1	2	3	4	5	6	B	C	E	H	N	S	WASTE	TOTAL
W/S +0.0 200m	A	J King	D Holding	D Veenedidaal	A Armstrong	Z Gibson	T Powell	5	10	12	6	8	4	0	45
		Essex 22.85	Cambs 23.89	Norfolk 23.70	Herts 23.80	Beds 24.89	Suffolk 25.38								
W/S +1.0	B	J Woodfinch	G Cummings	S Wake	R Taylor	T Larkin	J Mann	8	6	2	4	3	1	0	24
		Beds 23.61	Cambs 23.89	Herts 23.97	Norfolk 24.16	Essex 24.21	Suffolk 25.42								
3000m	A	J Ali	J Buckle-Stanton	E Sheperd	A Minney	M Ramsay	E hewitt	6	4	10	8	5	12	0	45
		Suffolk 9.29.05	Essex 9.30.92	Herts 9.31.44	Beds 9.42.60	Norfolk 9.52.07	Cambs 9.54.70								
	B	D Jackson	S Still	N Stone	J Wahed	O Glynn		6	4	3	2	0	8	1	24
		Suffolk 9.40.60	Beds 9.53.21	Cambs 9.55.63	Essex 10.11.17	Herts 10.18.59									
1500m S/Chase	A	B Stachan	G Bennett	G Bennett	M Nicholson	G Birkett		5	6	10	8	12	0	4	45
		Norfolk 4.46.61	Essex 4.50.16	Herts 4.51.90	Cambs 4.54.84	Beds 5.03.76									
	B	L Blaikie	D O'Connell					0	0	8	6	0	0	10	24
		Essex 5.06.41	Herts 5.24.71												
Pole Vault	A	C Winters	E Skinner	M Bartlett				0	0	8	12	10	0	15	45
		Herts 3.80	Norfolk 3.60	Essex 3.40											
	B	T Warner						0	0	0	8	0	0	16	24
		Herts 3.00													
4x100m Relay		Essex	Beds	Cambs	Norfolk	Herts		10	8	12	0	6	0	9	45
		45.4	46.14	46.31	47.0	dq									
4x400m Relay		Essex	Herts					0	0	12	10	0	0	23	45
		3.33.07	3.34.96												
Triple Jump	A	B Pike	D Crisp	D Steel	E Leonce	A Howard		6	8	10	12	5	0	4	45
		Herts 12.92	Essex 12.85	Cambs 12.10	Beds 11.72	Norfolk 11.71									
	B	M Bartlett	K Moss	J Smallin				4	0	8	6	0	0	6	24
		Essex 12.34	Herts 12.23	Beds 11.65											
Discus	A	Y Zatat	C Line	M Painter	J Edwards	R Fensome	J Allan	5	6	12	10	8	4	0	45
		Essex 43.09	Herts 41.40	Norfolk 40.50	Cambs 38.14	Beds 25.76	Suffolk 24.81								
	B	T Martin	H Wells	M Wadlow	C Brown			0	6	8	4	3	0	3	24
		Essex 39.66	Cambs 36.52	Herts 34.89	Norfolk 33.62										
Javelin	A	T Richards	J Bignell	C Diamond	T Bradfield	L Summers		8	0	12	10	6	5	4	45
		Essex 50.83	Herts 47.13	Beds 45.62	Norfolk 40.09	Suffolk 31.78									
	B	R Winnington	C Brown	M Wadlow				0	0	8	4	6	0	6	24
		Essex 46.36	Norfolk 39.70	Herts 31.99											
Shot	A	L Goodacre	J Edwards	R Fensome	M Painter	J Allan	M Wadlow	8	10	12	4	6	5	0	45
		Essex 13.63	Cambs 12.74	Beds 11.11	Norfolk 10.62	Suffolk 10.05	Herts 9.95								
	B	T martin	H Wells	M Birch	T Branfield			0	6	8	4	3	0	3	24
		Essex 12.24	Cambs 11.32	Herts 8.76	Norfolk 7.02										
TOTAL SCORES								111	147	322	223	179	68	213	1263

Hibbard/Bemax/Peterhouse Trophy

Sunday 23rd August 2009

Ipswich

		<u>Senior Men</u>		<u>Senior Women</u>		<u>U/17 Men</u>
		<u>Hibbard</u>	Pos	<u>Bemax</u>	<u>Pos</u>	<u>Peterhouse</u>
Bedfordshire	B	62	6th	194.5	3rd	111
Cambridgeshire	C	189	4th	189.5	4th	147
Essex	E	255	1st	239	1st	322
Hertfordshire	H	217	2nd	203.5	2nd	223
Norfolk	N	216	3rd	138.5	6th	179
Suffolk	S	148	5th	152	5th	68
<i>Waste</i>		<i>176</i>		<i>77</i>		<i>213</i>
Total		1263		1194		1263

n

Pos

5th

4th

1st

2nd

3rd

6th